

# NCA

NATIONAL COLLEGE  
AUSTRALIA

CHC43315

## CERTIFICATE IV IN MENTAL HEALTH

CHC43315

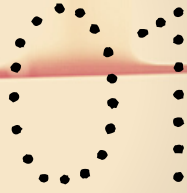
Nationally recognised qualifications that meet the standards under the Australian Qualifications Framework.



1300 835 373

[www.nationalcollege.edu.au](http://www.nationalcollege.edu.au)

RTO ID 91000



**ABOUT**



**COURSE OUTLINE**



**ONLINE LEARNING  
& ASSESSMENTS**



**RPL & CT**



**WORK  
PLACEMENT**



**COURSE FEES**

# ABOUT

## Why Study Mental Health?

Mental Health includes an individual's emotional, psychological and social state of well-being. The course provides you with a broad understanding of mental health and the practical skills you need to help people affected by mental illness or psychiatric disability through the recovery journey.

This course is designed for people who have some experience in the community services industry and aim to enter the Mental Health sector.

Once you graduate you will be able to take up a role as a :

- **Mental Health Worker**
- **Community Support Worker**
- **Mental Health Outreach Worker**
- **Mental Health Rehabilitation Support Worker**



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CHC43315 COURSE GUIDE

## Who is this course for?

This course is for:

- for 18-year-olds and over who hold year 12 or certificate III above qualification.
- people with some experience in, or knowledge of the community services sector but have no experience in mental health work and are interested in getting into the industry
- people with some experience in mental health but who do not hold a formal qualification in this area.



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# ABOUT

## What is the duration of this course?

The average duration of this course is **12 months**, though as you will be completing this course in an online environment, you will have flexibility to complete it earlier. Everyone studies at a different pace, and the time it takes you to finish the course will depend on how much you already know and how much experience you have.

National College Australia (NCA) suggests you will need to spend **an average of 11 hours of study per week** to complete the qualification within the maximum course duration. Your course includes a minimum of **80 hours** in a suitable workplace to complete practical tasks.

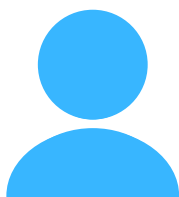
## What do you need to do this course?

This course does NOT have any formal entry requirements but it is important that you have:

- **Access to the internet:** Your reading and assessment materials have been set up online. You will need to have reliable internet to access the resources. If the internet speed is not high enough, you may struggle with uploading the required evidence, including videos, to the platform.
- **Access to the computer:** You will need access to a laptop or desktop for completing your course. You will need some basic computer skills to navigate the online platform using the instructions provided, and download or upload files where required.
- Basic knowledge of using software such as **Microsoft Word, Excel, and Adobe PDF**.
- A **level of fitness** that will allow you to undertake physical tasks involved in a day to day work related to the practical requirements of your course.
- **Language, literacy and numeracy** skills required to study at this level.

## FUTURE OUTCOMES

### ➔ Job Roles



- Mental Health Worker
- Community Support Worker
- Mental Health Outreach Worker
- Mental Health Rehabilitation Support Worker

### ➔ Working Hours



- Full-time, Part-time or Casual
- Shift work & Flexible hours

### ➔ Salary Guide



\$45,000 - \$55,000 per year

### ➔ Work Settings



- Community Organisations
- Residential mental health facilities
- Aged Care and Disability Services
- Organisations
- Mental Health hospitals and clinics



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# ONLINE LEARNING & ASSESSMENTS

## ➔ How you're assessed



NCA will provide you with the reading resources you need to gain the essential knowledge required to complete your course. Studying the learning materials will prepare you for your assessment.

NCA uses a variety of assessment methods to ensure you have gained sufficient knowledge and skills that are required for you to do the related job roles.

Each unit is made up of a mix of online learning, self-paced activities, and on-the-job training via the following assessment activities.

**Knowledge Assessment** including:

- Quizzes
- Short Answer Questions
- Case Studies

**Performance Assessment** including:

- P: Workplace Project
- O: Observation Activities

To complete the performance assessments of your course, you will need to access a suitable workplace. If you are not currently working in a job role related to your course, you will need to do Work Placement. NCA can assist you in finding work placement.

Learning and assessment resources will be provided to you via your online learning platform **iLearn**.

If you prefer the reading material in hard copy, these will be available for you to download and print at your leisure.



## ➔ Your Online Learning Portal



**iLearn** learning portal is a simple and an interactive online learning platform that has been customised for NCA Students.

The iLearn LMS stores all your learning and assessment activities, and allows you to track your progress and communicate with your Trainer Assessor.



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# COURSE OUTLINE

This course is made up of **15 Units: 11 Core Units and 4 Elective Units.**

It is structured and delivered through a mix of online and workplace-based activities.

When you successfully complete this course, you will receive a certificate issued with **CHC43315 - Certificate IV in Mental Health.**

## CHC43315 - CERTIFICATE IV IN MENTAL HEALTH

CHCDIV001	Work with diverse people	CORE
CHCDIV002	Promote Aboriginal and/or Torres Strait Islander cultural safety	CORE
CHCLEG001	Work legally and ethically	CORE
CHCMHS002	Establish self-directed recovery relationships	CORE
CHCMHS003	Provide recovery-oriented mental health services	CORE
CHCMHS004	Participate in work health and safety	CORE
CHCMHS005	Provide services to people with co-existing mental health and alcohol and other drugs issues	CORE
CHCMHS007	Work effectively in trauma-informed care	CORE
CHCMHS008	Promote and facilitate self-advocacy	CORE
CHCMHS011	Assess and promote social, emotional and physical wellbeing	CORE
HLTWHS001	Participate in work health and safety	CORE
CHCCCS009	Facilitate responsible behaviour	ELECTIVE
CHCCCS019	Recognise and respond to crisis situations	ELECTIVE
CHCCCS020	Respond effectively to behaviours of concern	ELECTIVE
CHCMHS001	Work with people with mental health issues	ELECTIVE



# RPL and CT

## Recognition of Prior Learning (RPL)

The Australian Qualification Framework (AQF) facilitates the progression of students through qualifications by giving credit for learning outcomes they have already achieved. The credit (if granted) may reduce the amount of learning required to achieve a qualification.

RPL is an assessment process that involves assessment of a range of evidence related to your prior learning (including formal, informal and non-formal learning), and past experiences to determine whether you can receive recognition for the learning outcomes you have already achieved.

To be considered for RPL, you must have between 2 - 5 years of experience in a job role related to this qualification and be able to provide NCA with the evidence of tasks completed. The evidence can include work samples, images, videos, and documents.

You will also need to provide the details of one or more references that have supervised you in the past doing the relevant job tasks. They will need to support your application.

## Credit Transfer (CT)

A Credit Transfer is where you already hold the exact same (or equivalent) unit(s) of competency from a previous qualification.



# WORK PLACEMENT PROGRAM

## Work Placement

### What is Work Placement and who does it apply to?

Work Placement is a structured, assessable workplace learning program that enables you to complete your practical tasks and prepares you for the workforce. Additionally some nationally recognised qualifications allocate a minimum amount of mandatory work hours to specific units of competency.

Anyone who isn't already working in a job role related to the qualification within the industry will need to do work placement.

If you are working in a suitable job role you will be required to provide the evidence of your employment and the ability to perform the practical tasks within your current role.

### Minimum required hours

This qualification has a requirement of a minimum of **80 hours** in Work Placement.

### How to secure Work Placement?

NCA has a dedicated Work Placement Coordinator who will support you through the process of securing work placement.

We recommend that you begin looking for a host employer shortly after commencing your course so you are ready to start placement when you have submitted knowledge assessments for your first Skills Group.

We'll provide you with guidance about when and how to approach employers; and if you cannot find a host employer, our Work Placement Coordinator will provide assistance.

*Please note that some organisations may request a police clearance check before you're able to start work placement. You'll need to organise the police check yourself.*

### Other courses you might be interested in:

- CHC43015 Certificate IV in Ageing Support
- CHC43115 Certificate IV in Disability
- CHC43415 Certificate IV in Leisure and Health
- CHC43015 Certificate IV in Allied Health Assistance

### Your Study Pathway

#### THE NEXT STEP

- CHC53315 Diploma of Mental Health
- CHC52015 Diploma of Community Services
- CHC 52015 Diploma of Community Services (Case Management)

#### AND BEYOND

Bachelor degree in Social Science or Psychology





# COURSE FEES

## Course Fee Payment Options



### Pay in Full & Upfront - Receive 20% Discount

**Full Course Fee:**

**\$4900.00<sup>^</sup>**

**20% Discounted Fee:**

**\$3920.00<sup>^</sup>**

**Save:**

**\$980.00<sup>^</sup>**

<sup>^</sup>Complies with ASQA Fee Protection requirements



**Pay with Zip**  
**Own it now,  
pay later**



- Spending up to \$1,000
- Interest free always
- Flexible repayments.

#### Zip Money

- Pay for courses from \$1,000 to \$5,000
- Up to 6 and 12 months interest free for Certificate III and IV courses
- For amounts over \$5,000, we offer other finance options.

[CLICK HERE](#)



**Study Now. Pay  
Later**



- Choose weekly, fortnightly or monthly repayments over 6 -24 months.
- Loan amount from \$2,000 - \$7,225

#### Student Eligibility:

- 18 years or older (or 16 years or older if a parent/guardian applies on your behalf).
- Australian Citizen, Permanent Resident living in Australia.
- Have a mobile phone and email address.

[CLICK HERE](#)



# A non-refundable deposit of \$199 is required upfront to pay with **Zip** or **ZeeFi**

**Pay your deposit today, pay the rest later**



**CONTACT NCA COURSE  
ADVISORS FOR MORE  
PAYMENT Q&As!**



[CLICK ME](#)

[\\*T&Cs - CLICK HERE](#)

[SMART & SKILLED FEES - CLICK HERE](#)



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# GET STARTED

## Why National College Australia?

### There are many reasons for choosing NCA.

- We are a niche provider for the aged care and community services sectors. It is all we do so this is where our expertise lies.
- You will be allocated one main assessor from start to finish. Your assessor will be your main point of contact for any academic matters. Where the assigned Assessor becomes unavailable due to unforeseen circumstances, another Assessor will be assigned to you.
- We monitor your performance to make sure you're on track. The more you stick to your study plan, the greater your chances of success.
- Our Diploma courses have a recognised pathway for higher education. e.g Charles Sturt University.
- Flexible learning across all our Certificate and Diploma level courses.
- Receive 20% off on full course fees when paying upfront.
- Flexible payment plans, choose to pay weekly or fortnightly.
- Government funding available for NSW residents.
- Take advantage of our Cooling Off Period so you have the time to be 100% confident of your enrolment.

## Happy Student Story

### ➔ Hazel. R

*I've been so happy and thankful for National College Australia in helping me reach my dreams.*

*Two months after receiving my certificate I got a job!*

*My journey in studying the Certificate III in Allied Health Assistance has taught me a lot. At first, I thought I couldn't make it but because I had a goal and a dream to land a job I really wanted, I just trusted NCA and most importantly I **motivated myself to finish the course to start a new career, and to get a job, which I did!***

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**Change Lives. Create Futures.**

**GET STARTED**



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